Bringing Jesus Christ to people for the first time and for a lifetime!

August 4-5, 2012 | Tenth Sunday after Pentecost

Gloria Dei Lutheran Church | www.gloriadeionline.com | 515-276-1700

## **Recalibrate: Returning to the Source of Strength**

We are currently exploring the book of Joshua where we are learning great life lessons. This week's lesson involves an old familiar tune, when life is going well, let's forget about the God



who has given us all things and let's start figuring out things on our own. To make matters worse, let's not only forget, but let's disobey on a few minor details, not a lot, just a few. And

then let's live in our own resources and our own wisdom.

We all have been there, and Joshua and the Israelites were camping out there in chapter 7. They had slowly drifted from God and became overconfident, thinking that they could do as they please. Soon their pride and disobedience led them to suffer defeat by the men of Ai. At this point, the hearts of the Israelites "melted and became like water." In sheer desperation, Joshua and the people cried to God with the proverbial "why us, Lord?"

A defining moment in the school of hard knocks. After a few more conversations with the Lord, Joshua and the people rose to their feet, thus returning to their first love. We find a different people in chapter 8, people who have recalibrated and renewed their commitment to God. We find God's people returning to the source of their strength. So, let's dive deeper into this story to learn how to make life's necessary adjustments.

## Meals from the Heartland

Sign up in the Narthex and FLC to package meals Aug. 29-Sept. 1.

Meals from the Heartland (MFTH), a local non-profit organization, is heading up a community-wide event to package meals at Hy-Vee Hall, 730 Third Street, Des Moines. Please help those in need in the following ways:



- 1. Pray for God's comfort and love to bless those who are hungry.
- **2. Sign up** today at the table display in the Narthex and Family Life Center to be on one of our teams. Gloria Dei's goal is to provide 200 volunteers.

Gloria Dei's times are as follows:

Wed., Aug. 29	Fri., Aug. 31
9:30-11:30 a.m.	9:30-11:30 a.m.
1:30-3:30 p.m.	1:30-3:30 p.m.
Thurs., Aug. 30	6-8 p.m.
9:30-11:30 a.m.	Sat. Sept. 1
1:30-3:30 p.m.	9:30-11:30 a.m.
6-8 p.m.	1:30-3:30 p.m.
1	9:30-11:30 a.m.

**3. Give** by placing a financial donation in the offering plate (write Meals from the Heartland in the memo line) or by giving online at www.gloriadeionline.com.

Since MFTH only purchases ingredients based on available cash funds, cash donations are needed. A gift of \$20 will provide meals for 100 children.

### **Public WiFi**

You can connect to Gloria Dei's public WiFi. Just turn on your devices, and search for gdlcpublictwo. When prompted put in the password: gdlc2012. Enjoy!

### Bell Choir

Gloria Dei is in need of a qualified individual to direct the Bell Choir. If you are interested, please e-mail Steve Kowbel at skowbel@ gloriadeionline.com.

### **Grace Place**

Summer Grace Place and Castaway have ended. Fall Grace Place will begin Sept. 8 and 9. See you then!

### Toolshoppe

The Toolshoppe is opened after worship on Saturday and Sunday. So, stop by, we think you'll find something special.

### Senior Adult Ministry

This ministry is active and vibrant! In fact, it's hard to keep up with them. See page 4 for recent updates.

## Prior fiscal year financial update

The following financial information is for the fiscal-year ending June 30, 2012.

### Giving offering compared to prior year

Offering income shows an increase of \$20,957, or 1.33 percent compared to the prior year.

Jul '10 - Jun '11	Jul '11 - Jun '12	Difference +/-	% Incr/-Decr
1,572,525	1,593,482	20,957	1.33%

### Budgeted giving offering

Offering income shows a decrease of \$106,518, or 6.27 percent of our estimated budget.

Jul '11 - Jun '12	Budgeted	Over/Under	% Incr/-Decr
1,593,482	1,700,000	(106,518)	-6.27%

### Total income compared to prior year

Total income, which includes giving, preschool tuition, building usage fees and other small revenue items, shows an increase of \$33,921, or 1.93 percent compared to the prior year.

Jul '10 - Jun '11	Jul '11 - Jun '12	Difference +/-	% Incr/-Decr
1,761,959	1,795,880	33,921	1.93%

### Budgeted total income

Total income shows a decrease of \$126,515, or 5.48 percent of our estimated budget.

Jul '11 - Jun '12	Budgeted	Over/Under	% Incr/-Decr
1,795,880	1,900,000	(104,120)	-5.48%

### Expenses compared to prior year

Expenses show a decrease of \$8,003, or 0.46 percent compared to the prior year.

Jul '10 - Jun '11	Jul '11 - Jun '12	Difference +/-	% Incr/-Decr
1,726,128	1,718,126	(8,002)	-0.46%

### **Budgeted** expenses

Expenses show a decrease of \$181,251, or 9.54 percent of our estimated budget.

Jul '11 - Jun '12	Budgeted	Over/Under	% Incr/-Decr
1,718,126	1,899,377	(181,251)	-9.54%

### Additional Information

The increase in total income comes from the increase in general fund giving and preschool tuition. The majority of the reduction of expenses for the year is due to the refinance of the building loans. Since overall income was less than budgeted, expenses were kept low in many areas for cash flow purposes. If you have any questions, please contact Bill Jesse, Executive Director at 515-276-1700 ext. 217.

Gloria Dei Lutheran Church 8301 Aurora Ave. Urbandale, Iowa 50322 515-276-1700

Church office hours: Monday-Friday 8 a.m. - 4 p.m.

Rev. Ronald Burcham Senior Pastor rburcham@gloriadeionline.com

**Rev. Timothy Phillips** Director of Congregational Care tphillips@gloriadeionline.com

Rev. Philip Robarge Director of Adult Ministry probarge@gloriadeionline.com

Governing Board govboard@gloriadeionline.com

### Visit us on:

twitter/gloriadeionline facebook.com/gloriadeionline Youtube.com/gloriadeionline

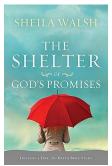
#### Need help?

Stephen Ministries We gave trained individuals to help you in every season of life. Contact Pastor Phillips at tphillips@ gloriadeionline.com



## Online book study

A 10-week online study on "The Shelter of God's Promises" by



Sheila Walsh will begin Sept. 2. Laura Rath will lead this online study by offering a suggested reading schedule for

the week, posting thoughts on the reading and encouraging the participants to post their comments as well.

For more information, visit Laura's blog at http://www. laurarath.blogspot.com or e-mail Laura at laurajrath@gmail.com.

## **Sacrament of Holy Baptism**

The Sacrament of Holy Baptism on Sunday, Aug. 5 at the 10:30 a.m. worship service in the Family Life Center is for:



Harper Ann Lampe born on June 11, 2012 to Jason and Emma (nee Rowland) Lampe. Harper's spiritual sponsors are Morgan Rowland, Jordan and Kelsey Lampe and Kevin Boock.



### **Altar flowers**

The flowers on the altar in the Sanctuary on Sunday, Aug. 5 are placed in thanksgiving for David Baker's and Danielle Larimer's wedding on Aug. 4, Dick and Vicki Larimer's 28th wedding anniversary on Aug. 4

and Natalie Larimer's 15th birthday on Aug. 4.

## Work from Ugandan artist can be purchased

Gloria Dei's Toolshoppe will be selling artwork created by artist Godfrey Kalungi.

Godfrey is a 28-year-old artist in Uganda, Africa who hand paints beautiful batiks. Starting with the cloth, Godrey uses a process of pouring wax on the cloth to dry, outlining the design, painting his creation, and laying the batik out to dry in the warm African sun. He has had no formal training and his designs come from things that inspire him.

Emily Raecker and the Shining City Foundation are working to help Godfrey gain more profit through new markets in the United States. Godfrey receives less than \$4 per piece in Uganda, so this presents challenges in bringing in enough

income to help his family. The Toolshoppe will be selling them for \$25. All of the proceeds from the sale of the batiks go directly back to Godfrey to help him buy more supplies and support his family.



Artwork created by Godfrey can be purchased today at the Toolshoppe.

#### Servers **Officiant/Liturgist:** Organ **Hospitality** Teams Lynn Hays Northwind (FLC) 5:30 p.m. (FLC): **Rev.** Tim Phillips Team One Acolytes 7:45 a.m. (Sanctuary): 7:45 a.m. 7:45 a.m. (Sanctuary) **Rev.** Tim Phillips **Emily Fluegge** Team One 10:30 a.m. 9 a.m. (Sanctuary): 9 a.m. (Sanctuary) **Rev.** Tim Phillips Ezra Halter Team Four 10:30 a.m. (FLC): 10:30 a.m. (FLC) Rev. Phil Robarge TBD Scripture verses: 10:30 a.m. (Sanctuary): **10:30** a.m. (Sanctuary) Joshua 8:30-32, 34-35 **Rev.** Tim Phillips Team One (NIV) Preacher Rev. Tim Phillips

### Let's pray!

Prayer requests can be made on the back of the "Welcome" card located in the pews. Please indicate your prayer request and place the card in the offering plate. We have both e-mail and phone prayer chains available. Call Pastor Phillips in the church office, 276-1700, or Diane Young between 9 a.m. and 5 p.m. at 993-3870 with your request.

### Thanksgivings

• For Dick and Vicki Larimer celebrating their 28th anniversary

### For the health of

- Stan Knapp
- Shirley Kramer
- Carol Petersen, Peg Petersen-Riddle's sister
- Steve Crouthamel
- Emma Anderson
- Mary Kuefner
- Vicki Giesselmann

#### And for:

- Our military
- Jim and Tammy Scott and family, who are grieving the loss of their son, Eric
- Rain for the farmers
- Our nation and world

### **Prayer ministry**

To join the prayer team, e-mail Pastor Phillips at: tphillips@gloriadeionline.com with your name, e-mail address and phone number.



Wednesday, Sept. 5 from 7:30-8:30 p.m. (a) OverTime, 4810 86th Street Saturday, Sept. 8 from 7:30-8:30 a.m. (a) Gloria Dei, 8301 Aurora Ave.

Join us for a six-week study. Every man must understand and come to grips with the defining moments and key relationships that have shaped his unique story. This volume provides men with a biblical perspective of their story. Suggested donation for the book is \$20. If interested, please contact Bill Clark at BillClark@mchsi.com or or register online at www.gloriadeionline.com.

## Arts and Craft Show

#### Saturday, Oct. 13 from 8:30 a.m. to 3 p.m.

Vendors are still needed for the 20th Annual Art and Craft Show. Feel free to tell your friends and neighbors that space is still available for the upcoming show in October. Proceeds help Dakota Boys and Girls Ranch, Hope Ministries, Joppa Outreach and the Gloria Dei's Youth Ministry.

## Thank you

Thank you for all the thoughtfulness shown to me during my chemotherapy journey. Through you, I feel God's hand a lot. Thank you so much. ~ Alice Wegner

## **Birthday greetings**

Harold Huner, a long-time member of Gloria Dei, will be celebrating his 90th birthday on Aug. 12. If you would like to send greetings to Harold, his address is 601 Sweet Gum Lane, Charlotte, NC 28211.

## **Senior Adult Ministry**

**Updates:** This ministry seeks to assist members of the retirement and near retirement age group to participate in the mission of the church, bringing people to Christ for the first time and for a lifetime. Four ministry



action teams plan programs and events with opportunities for fellowship, service, growth and learning, and travel. Plans for the fall include mentoring of new members of the church and a trip to Branson, Mo. from Nov. 7-10.

**Sunday, August 12 at 5 p.m.** We will be having a potluck with a presentation concerning how to select an individual health insurance policy by Claus Bunz, a retired lawyer and Gloria Dei member.

What to bring: People with names from A to M bring a main dish or vegetable; N-S bring a salad; and T-Z bring a dessert.

**Overview of presentation:** Medicare hospital insurance (Medicare Part A); Medicare medical insurance (Medicare Part B); Medicare Supplement Insurance to cover the gaps in Medicare resulting from deductibles, coinsurance, excess charges and non-covered items; Medicare prescription drug coverage (Medicare Part D); and Part D annual enrollment procedures. The presentation will last approximately 30 to 45 minutes and will be followed by a question and answer period. While this presentation is being sponsored by the Senior Adult Ministry, all interested persons are welcome to attend. The presentation will be made by trained Senior Health Insurance Information Program (SHIIP) Volunteer Counselors who operate under the auspices of the Iowa Division of Insurance.

During the fiscal year July1, 2010-June 30, 2011, Iowa's SHIIP saved clients \$3,841,714.00, made 44,069 individual contacts and rendered 33,858 hours of volunteer service.



# **Gloria Dei Youth Ministry**

### Castaway

Castaway will not meet in August; will resume Sunday, Sept. 9.

## **Junior High Families**

Join us on Wednesday, August 22 or Wednesday, August 29 as we outline this year's junior high ministry opportunities.

Select the dates that are applicable to you:

Wednesday, Aug. 22 6 p.m. 8th grade families 7 p.m. 7th grade families Wednesday, Aug. 29 6 p.m. 6th grade families 7 p.m. 6-8th make up

## American Family Friendship program

Did you know that most international students never enter into a house while studying at a local university? And yet, they have a desire to understand how families live in America.

The Drake International Friendship Program is a program to help international students from Drake connect with families in the Des Moines area. The program is "officially" non-faith based, but they try to recruit Christian families so the students can see the love of Jesus. If conversations about "faith" happen to occur, then that is great.

The students do not live with the families, however, they are encouraged to meet at least once a month with the host family. The schedule and the activities are completely arranged by the families and the student. In the past some families have invited their student to a family dinner, family game night, birthday celebrations, the Iowa State Fair, boating, football games, church and any other activity that may help them connect to each other. Most students do not have a vehicle and would require being picked up for an activity.

**How it works:** Families (singles, couples, with kids or without) need to fill out an application, which can be picked up at the Welcome Centers. On the application, families can indicate what country or gender they would prefer to host.

The international students also turn in applications. Once both are received, Dan and Amy Stout, volunteer host coordinators, will pair up families with students. If you have any questions, contact Dan/Amy Stout at 419-5584 or at Brightencorner@hotmail.com; or contact Karen Kennedy at karen@gloriadeionline.com.

**Contact:** Tim Kightlinger tim@gloriadeionline.com

## **Senior High Ministry**

**Families** are invited on Sunday, Aug. 26 from 6-7 p.m. in the Youth Center. Join us as we share about direction and opportunities for this year's Senior High Ministry.

The Point will meet Wednesday, Aug. 8 and 15 from 6-7:30 p.m. at TK's house for Bible study.

## **Gloria Dei quilters**

#### Saturday, Aug. 11 from 8:30 a.m. to 5 p.m.

Even if your quilts aren't contenders for a ribbon at the fair, they're beautiful creations which will provide warmth and comfort. Join us to work on mission quilts or a project of your own. Amy will take photos of any quilts designated for Camp Dodge which weren't included in the June photo session and we'll deliver those in the next couple of weeks. If you need more labels to attach to the backs, they'll be available. Contact: Karen Hoff at 278-6655 or karenrhoff@hotmail.com.

## Scrapbook fellowship

#### Friday, Aug. 10 from 8:30 a.m. to 11 p.m. and Saturday, Aug. 11 from 8:30 a.m. to 5 p.m.

Join us; we love new faces. For childcare, contact Carol Wenndt by Wednesday, Aug. 8 at 306-4352 (phone or text) with the date, times (start and finish) and the number of children.

## Week of August 4-11, 2012

#### Saturday, August 4

Saturuay,	August 4
9:00 a.m.	Faith Chest Cutting
3:00 p.m.	David Baker and Danielle Larimer
	Wedding
5:30 p.m.	Northwind Worship Service in the
	Family Life Center
6:30 p.m.	Presentation by Cristian Santiago
Sunday, A	August 5
7:45 a.m.	Traditional Worship Service in
	Sanctuary with Communion
9:00 a.m.	Traditional Blend Worship Service in
	Sanctuary with Communion
10:30 a.m.	Contemporary Worship Service
	in Sanctuary with Communion
10:30 a.m.	H3 Worship Service in Family Life

Center

#### Monday, August 6

8:00 a.m.	Iowa Department of Education
9:30 a.m.	Mom's Bible Study
1:00 p.m.	Matter of Balance
1:00 p.m.	Stephen Ministry Supervision
6:30 p.m.	Stephen Ministry Supervision

#### Tuesday, August 7

9:00 a.m.	XYZ (Extra Years of Zest) Meeting
1:00 p.m.	Directors' Meeting
2:00 p.m.	Worship Planning Meeting
2:30 p.m.	Tuesday Afternoon Bible Study
6:30 p.m.	Financial Peace University
7:00 p.m.	Encourage Each Other Women's Study
	August 0

#### Wednesday, August 8

10:00 a.m. Pastor Robarge's Bible Study 1:00 p.m. Matter of Balance

#### Thursday, August 9

6:30 a.m. Men's Bible Study 10:00 a.m. Joyful Stitches

#### Friday, August 10

8:30 a.m. Scrapbook Fellowship

#### Saturday, August 11

Gloria Dei Quilters
Scrapbook Fellowship
Northwind Worship Service in the
Family Life Center with Communion

## **Items needed**

We partner with many local organizations to help our community. Below are two small ways that we can make a huge difference to those in need.

**UCAN (Urbandale Community Action Network)** needs Kleenex and disinfecting wipes for the schools. Please place those items in the "UCAN" bin in the Narthex. If you have any questions, contact Ruth Ebke at 371-8646.

**Urbandale Food Pantry** is requesting toothpaste during the month of August. Please place your donation in the "Urbandale Food Pantry" bin that is located in the Narthex.

## "Among Friends" conference

Songwriter Kathy Troccoli, author Liz Curtis Higgs and dramastic Donna VanLiere will be speaking at a "Among Friends" conference Friday, Oct 12 from 7-9 p.m. and Saturday, Oct. 13 from 9 a.m. to 12:30 p.m. at Lutheran Church of Hope, 925 Jordan Creek Parkway, West Des Moines. Tickets are \$39. For more information, call 615-478-0247.

Worship (July 28-29)	Attendance
Northwind	117
7:45 a.m.	115
9 a.m. (Sanctuary)	248
10:30 a.m (Sanctuary)	184
10:30 a.m. (FLC)	61
Total	725

Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.—2 Corinthians 9:7

Outpouring of Love (July 29-Aug. 4)	
General Fund Offerings	\$29,988
First QTD Offering	\$129,323
First QTD Budget	\$149,000

## Week of August 11-18, 2012

#### Saturday, August 11

8:30 a.m.	Gloria Dei Quilters	
8:30 a.m.	Scrapbook Fellowship	
5:30 p.m.	Northwind Worship Service in the	
	Family Life Center with Communion	
Sunday, August 12		

#### Sunday, August 12

7:45 a.m.	Traditional Worship Service in
	Sanctuary
9:00 a.m.	Traditional Blend Worship Service in
	Sanctuary
10:30 a.m.	Contemporary Worship Service
	in Sanctuary
10:30 a.m.	H3 Worship Service in Family Life
	Center with Communion
5:00 p.m.	Sr. Adult Ministry Potluck

#### Monday, August 13

9:30 a.m.	Mom's Bible Study
1:00 p.m.	Matter of Balance

#### Tuesday, August 14

1:00 p.m.	Directors' Meeting
2:00 p.m.	Worship Planning Meeting
2:30 p.m.	Tuesday Afternoon Bible Study

#### Tuesday, August 14 (continued)

6:30 p.m.	Financial Peace University
6:30 p.m.	Thrivent Board Meeting
7:00 p.m.	Encourage Each Other Women's Study

#### Wednesday, August 15

10:00 a.m. Pastor Robarge's Bible Study1:00 p.m. Matter of Balance

#### Thursday, August 16

6:30 a.m. Men's Bible Study 10:00 a.m. Joyful Stitches

#### Friday, August 17

5:00 p.m.. Caleb Brainerd and Allison Grunst Wedding Rehersal

#### Saturday, August 18

- 4:00 p.m.. Caleb Brainerd and Allison Grunst Wedding
- 5:30 p.m. Northwind Worship Service in the Family Life Center

## LWML recycling project

Do something good for the environment and help the LWML raise funds for its 2015 National Convention, which will be held in Des Moines. All members are invited to bring the following recyclable items during the months of July and October and place them in the tub located in the Narthex:

- Game consoles (include accessories and attached cords)
- Inkjet, toner and laser cartridges (virgin)
- Cell phones, PDAs, MP3 players, iPods, pagers
- Laptops, scientific and graphic calculators
- GPS systems, digital cameras, phone batteries, movie DVDs

We will not accept the following: toner bottles, fax film, any print cartridge without a metal print head (i.e., Epson and Canon), refilled or remanufactured cartridges, cordless land-line phones and bag cell phones. The LWML will collect and redeem the items for cash to pay for convention expenses. If you have questions, please contact Meri Mohr at 327-1821.

## Mega garage sale

# Thursday, August 9 from 4-8 p.m. • Friday, August 10 from 8 a.m. to 5 p.m. • Saturday, August 11 from 8 a.m. to noon

Iowa National Guard Officers Auxiliary will hold a mega garage sale at Johnston Lion's Club, 6401 Merle Hay Road, Johnston. (Please note: there is a \$2.00 early admission charge for Thursday night only.) All funds will support military: soldiers, airmen and families, including scholarships. Donations are needed; please drop off pre-priced items at Johnston Lion's Club on Thursday, August 9 from 8 a.m. to 4 p.m.

# Welcome to Gloria Dei! We are glad you are here!

**Educational times.** We value families, so we encourage families to worship together. We will then invite the children to educational time on Saturdays at 5:50 p.m.; and Sundays at 9:20 and 10:50 a.m.

**5:30 p.m. Saturday Northwind Contemporary in the Family Life Center** Discover reflection and celebration at this casual Saturday evening worship service. Communion will be offered the second and fourth Saturdays of every month.

#### 7:45 a.m. Sunday Traditional Worship in the Sanctuary

This worship service uses organ and piano-led hymns as well as responsive liturgy. Our special music groups also perform on a regular basis. Communion will be offered the first and third Sundays of the month.

#### 9 a.m. Sunday Traditional Blend Worship in the Sanctuary

This worship service uses organ and piano-led hymns and songs as well as responsive liturgy. Our special music groups also perform on a regular basis. Communion will be offered the first and third Sundays of the month.

#### 10:30 a.m. Sunday H3 Young Family Worship in the Family Life Center

Our H3 (Worship with your Head, Heart and Hands) casual service offers an atmosphere in which families are encouraged to worship together. Expect lively praise music, puppets and themed family activities. A pastor will lead the service, and the message will be a simulcast from Saturday night's service. Communion is offered the second and fourth Sundays of every month.

#### 10:30 a.m. Sunday Contemporary Worship in the Sanctuary

Join us in the Sanctuary for high-energy and reflective worship that is aweinspiring. Communion will be offered the first and third Sundays of every month.

### Other important items

**Nursery:** Infants to age 3. Located on the lower level with access through the doors in the Narthex. The nursery is staffed during all worship services for children ages 3 and under at no cost to the parent.

**Cry room:** Located in the southwest corner of the Narthex is a room with a full view of the Sanctuary for parents to take their small children when they are upset or crying.

### Weekly Bible reading - Joshua 8:30-32, 34-35 (NIV)

Then Joshua built on Mount Ebal an altar to the LORD, the God of Israel, as Moses the servant of the LORD had commanded the Israelites. He built it according to what is written in the Book of the Law of Moses—an altar of uncut stones, on which no iron tool had been used. On it they offered to the LORD burnt offerings and sacrificed fellowship offerings. There, in the presence of the Israelites, Joshua copied on stones the law of Moses, which he had written. Afterward, Joshua read all the words of the law—the blessings and the curses just as it is written in the Book of the Law. There was not a word of all that Moses had commanded that Joshua did not read to the whole assembly of Israel, including the women and children, and the aliens who lived among them. Educational times will not be held in August but will resume Sept. 8 and 9.

### **Educational times**

Children (ages 2- grade 5)

#### Summer Grace Place

Saturdays at 5:50 p.m. Sundays at 9:20 & 10:50 a.m.

> Faith Alive Wednesdays at 6 p.m. Join us in the fall.

**Youth** (grades 6-12) Times vary, check page 5.

### Communion

Communion is offered on the first and third Sundays of each month during the services in the Sanctuary and the second and fourth Saturdays and Sundays during the services in the Family Life Center.

A note to our guests and visitors: The Lord's Supper is celebrated at Gloria Dei in the belief and with the confession that this Sacrament is the very body and blood of Christ (The Doctrine of the Real Presence) which is received with the bread and the wine for us to eat and drink for the forgiveness of sins and to strengthen our faith. Our Lord invites to his table those who trust his words, repent of all sin, and seek to forgive and love as He forgives and loves us. If you agree with our beliefs regarding the nature and meaning of this Sacrament and desire to commune with us, you are welcome! For the medical and/or physical needs of members or visitors, nonalcoholic wine will be in the inner circle of each communion tray and will be lighter in color than the regular wine. In addition, gluten-free wafers are available, please alert the elders before the service if possible.